

Summer Intensive Lesson

Title: **Sock Buddies**

Artist(s): Dina Kharag

Materials/Prep: old sock, glue, fabrics/scrap, scissors, needle (only used with adult supervision), and thread

Introduction/Goals: Make a new buddy out of an old or lost sock.

Step 1: Find an old sock (long tubular, knee high recommended but they can be any size).

Step 2: If you want to decorate your sock, you can use whatever you want.

Step 3: Give your sock buddy a name!

Activity: In this activity, we are promoting our lonely socks as a way to be creative.

Challenges: How can we be creative with a piece of clothing we see and use everyday? How can creativity and play be used to increase relaxation?

CA State Standards:

K.VA:Cr1.1	3.VA:Cr1.1
Engage in exploration and imaginative play with various arts materials .	Elaborate on an imaginative idea.

Video Link:

<https://www.youtube.com/watch?v=6ZNXmDNLVFc&feature=youtu.be>